

## Activity Calendar (Sample from 1 month in 2007)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
		1 Exercise  Build a Scarecrow Color Flags (USA) Current Events/Snack	2 Exercise  Lawrence Welk trivia Maple leaf necklace Oldies but goodies	3 Exercise  Different breeds of dogs Dog petting zoo Famous quotes	4 Exercise  Sing patriotic songs Birthdays cards Fireworks on T.V	5 Exercise  Beach party Under the sea crafts Classic country
6 Exercise  KFC lunch Chicken dance Birthday cards	7 Exercise  Hawaiian lunch Hawaiian music Lawrence Welk	8 Exercise  Liberty bell art Liberty bell facts Current Events/Snack	9 Exercise  Make sugar cookies Frost sugar cookies Birthday cards	10 Exercise  Hand & Foot massage Bowling Movie & Drinks	11 Exercise  Cheer up the lonely Make lip prints Sing along	12 Exercise  Ball toss Finish that phrase Music relaxation
13 Exercise  Fast food word finds Homemade French fries Repeat what I say	14 Exercise  Pancake breakfast Guess what the item is Lawrence Welk	15 Exercise  Decorate flower pots Movie & Snack Current Events/Snack	16 Exercise  Moon landing coloring Balloon blast-off race Words that rhyme	17 Exercise  Coffee clutch w/ donuts Make bracelets Fashion show	18 Exercise  Cow appreciation day Farm animal noises Music for the soul	19 Exercise  Hand & Foot massage Bowling Movie & Drinks
20 Exercise  Soda taste test Ice cream sodas Flash cards	21 Exercise  Junk food galore Puppet show Lawrence Welk	22 Exercise  Bingo Puzzles Current Events/Snack	23 Exercise  Mosquito Facts Bug crafts Foot soaks	24 Exercise  Group walk Name that song Create sundaes	25 Exercise  Finger painting Walk outside Hot potato	26 Exercise  Hula hoop ring toss Birthday cards Square dancing
27 Exercise  Invite a Day Care Crazy hats Movie & popcorn	28 Exercise  Name that food Bowling Lawrence Welk	29 Exercise  Hang man Create your own pizza Current Events/Snack	30 Exercise  Make/Eat Cheesecake Door tags Design a shirt	31 Exercise  Nursery Rhymes PJ party Movie & Drinks		